

**GBR 420
Class
Association**

Class Training
Group Proposal





Background

- The Class is finding increasing levels of participation and interest in our training provision. This is brilliant but does mean that we need to constantly look at how we continue to meet the needs of all sailors within the Class.
- The Class Open Training offering currently provides training for all levels of boats being split into groups at each training session. With increasing numbers, it is becoming harder to ensure that sailors who have been in the class longer are catered for such that they can focus more on tactics and tuning their skills rather than learning how to sail the boat.
- At the December Committee meeting it was agreed to evolve the Class Open Training offering by introducing a series of structured "training groups" that would allow for consistency of coaches.
- The Committee recognises that having a larger number of boats training together provides an opportunity for boats to continually assess how they are doing and where they are sitting against other boats. We don't want to fragment the fleet, so it was agreed that a staggered approach will be adopted to allow the impact to be assessed and the offering refined.
- The first part of this new initiative will be to pilot a new Class Performance Group. This will run between January and April 2022. This is an exciting opportunity for the Class and it is hoped that later in the year we will be able to expand the programme (numbers dependant).
- The Class Open training will continue to provide high quality training; sailors not in the Class Performance Group will still be split into groups based on ability/learnings for each training weekend. The Class Performance Group will join the rest of the Open training for activities/racing as they will be training at the same venue. This ensures that social relationships can continue to develop across the whole class.

What does it look like?

It is envisaged that a clear progressive pathway will be created that will help sailors develop throughout their time in the Class. The RYA Youth Squad is still the aspiration for many sailors; but not all. The aim is that the pathway will provide aims and goals for all sailors to achieve.



Progression Pathway Groups

Foundation	Development	Pilot Group Performance
Newbies, transitioning from another class (first 6-12 months in class)	420 sailors that are committed to the focused training we can offer and looking to further develop their skills	420 sailors that aspire to reach Youth Squad at next selection point



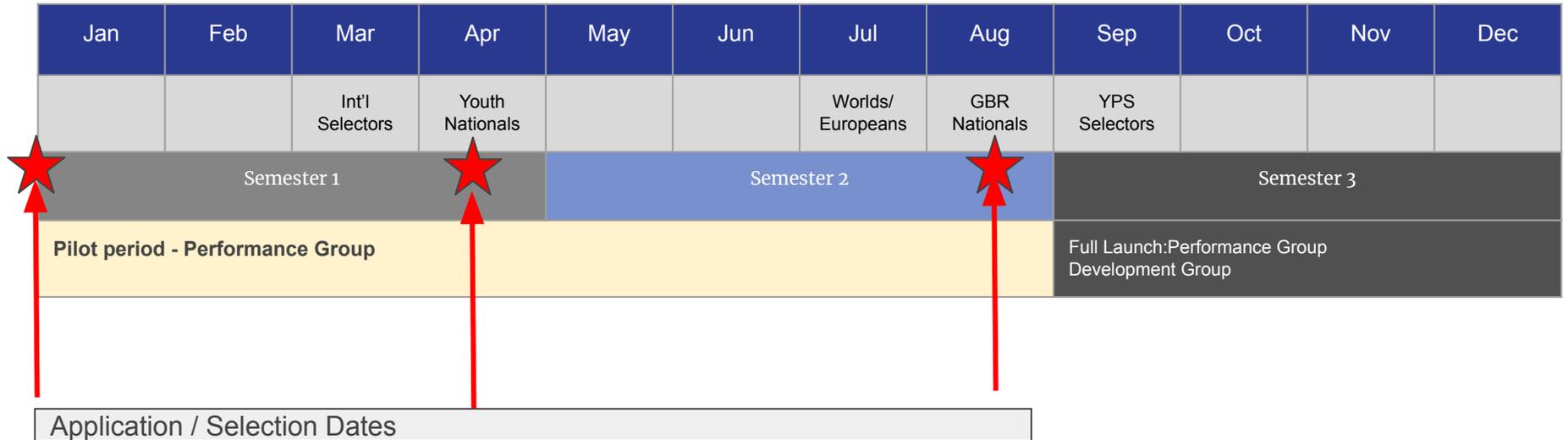
3 blocks/ semesters per year. Sailors stay in their group minimum 1 semester

Pilot Overview

- Up to 6 Teams
- Requirement to attend minimum 60% of training weekends during semester (alongside Class Open training)
- Application process
- Selection in line with Selection Policy
- Objectives/goals and a training plan agreed at start of training block
- Online monthly review/mentoring sessions
- Consistency of coaching with one or two coaches providing input for the whole training block
- Development of key skills appropriate to level in pathway
- Sailor driven - tailored
- Reflection and self-analysis encouraged



Timeline - 2022



Q&A



1.	Why has the class agreed to only focus on the “top” sailors by piloting the Performance Group first?	As with any new initiative it has to start somewhere. It's been identified that there are a large number of newer teams in the class at the moment who are all at a similar level and can all benefit from training together under the current training offering. However, for those boats that have been in the Class for a number of years but haven't made Youth Squad there is a gap in what they need in terms of learnings.
2.	If I am successful for the Performance Group for Semester 1 do I have to re-apply for Semester 2 and 3?	Yes; being selected for one semester doesn't automatically allow you a place in the Performance Group for a subsequent semester as the Group is selected based on the Selection Policy (rolling ranking)
3.	Who are the coaches for the Pilot?	It is planned that Annabel (Class Head Coach) will have overall oversight of the Group but that Haydn Sewell will be the coach allocated to the Group.
4.	How much will it cost?	Teams will be expected to attend a minimum of 60% of the class training within the period. In the period January – April 2022, this will be at least six days from the dates outlined above. Based on the early discount rate for 6 days this would be £187.50 per sailor.
5.	Can teams attend more than 60% of training?	Teams are strongly encouraged to book onto all the training dates in the period. In addition, selected teams should also aim to attend the Coached Racing event at Datchet Water 15-16 January 2022.
6.	What happens if the team splits?	If a team splits during a semester a discussion must be had with the Head Coach regarding their position within the Group; continuation by a sailor(s) cannot be guaranteed.