



# SAILING INSTRUCTIONS

## 470 Class Spring Series Regatta 2018

*Weymouth and Portland National Sailing Academy*

*21<sup>st</sup> & 22<sup>nd</sup> April 2018*

### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017 - 2020 (RRS) and the appropriate class rules.

### **2 Entries**

Boats shall be entered by completing the entry outlined in the Notice of Race and meeting entry requirements at registration.

### **2 NOTICES TO COMPETITORS**

- 2.1 The competitors briefing will take place at 10:30 on Saturday 21<sup>st</sup> April 2018 in the Weymouth and Portland sailing academy - In room 9 inside the main event hall.
- 2.2 Notices to competitors will be posted on the official notice board inside the main Event Hall.

### **3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted 90mins before schedule start on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the Main WPNSA Flag Pole.
- 4.2 Flag D with one sound means "Boats may leave the beach" The warning signal will be made not less than 45 minutes after flag D is displayed. Boats are requested not to leave the beach until this signal is made.

### **5 SCHEDULE OF RACES**

- 5.1 The warning signal for the first race of the day is scheduled at 1200 on the Saturday and at 1030 on the Sunday. Up to 10 races are scheduled. With a maximum of 5 races per day
- 5.2 Target time 25-30 minutes for all races. A Boat failing to finish within 10 minutes of the lead boat will be scored DNF.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed at least five minutes before a warning signal is made.
- 5.4 On the last day of the regatta no warning signal will be made after 14.30.

### **6 RACING AREA**

- 6.1 The course area will be in Portland Harbour, or in Weymouth Bay if circumstances require.

### **7 THE COURSES**



# SAILING INSTRUCTIONS

7.1 The diagrams in Addendum A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

7.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.

## 8 MARKS

8.1 Marks 1, 2, 3 and 4 will be orange dumpy inflatables Buoys

## 9 THE START

9.1 The races will be started as follows:

5 minutes before starting signal, Class Flag = warning signal

4 minutes before the starting signal, P, I, U or Black flag = preparatory signal

1 minute before the start preparatory signal flag removed = 1 minute

Starting signal, Class flag removed = start.

9.2 The starting line will be between a staff or mast displaying an orange flag on the committee boat at the starboard end, and the port end starting mark that will be a dan buoy displaying.

9.3 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

## 10 CHANGE OF THE NEXT LEG OF THE COURSE

10.1 To change the next leg of the course, the race committee will move the original mark (or move the finishing line). The intention will be to signal this with a rib at the preceding mark – showing a Red or Green flag/symbol to indicate which direction the mark has moved, accompanied by repeated sound signals.

## 11 THE FINISH

11.1 The finish line will be between staffs displaying orange flags. This will be between a staff or mast displaying an orange flag on the committee boat and a dan buoy displaying an orange flag.

## 12 PENALTY SYSTEM

12.1 A boat that has taken a penalty or retired under rule 31 or rule 44.1 shall complete an acknowledgement form at the race office within the protest time limit.

## 13 PROTESTS AND REQUESTS FOR REDRESS

13.1 Protest forms are available from the Registration Room. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

13.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals 'no more racing today', whichever is later.

13.3 Notices will be posted no later than 10 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Registration room, located in the main Event hanger, beginning at the time posted.

13.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).



# SAILING INSTRUCTIONS

13.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

## 14 SCORING

14.1 The scoring is as per rule RRS 90.3, Low Points System.

14.2 3 races are required to be completed to constitute a series.

14.3 When more than 3 races have been completed a boat's series score will be the total of her race scores excluding her worst score.

14.4 When 3 races or fewer have been completed, a boat's series score will be the total of her race scores. (As described in rule RRS 90.3)

## 15 SAFETY REGULATIONS

15.1 A boat that retires from a race shall notify the race committee as soon as possible.

15.2 All helmsman and crew must wear a personal floatation device at all times whilst afloat. Wetsuits and drysuits are not personal flotation devices. This overrides any class rules and this changes the Part 4 preamble.

15.3 Shipping Movements - The attention of all competitors, race management personnel and spectators afloat is drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or by VHF (CH 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty.

## 16 SUPPORT BOATS

16.1 Support boats shall register with the organising authority at the times prescribed for registration.

16.2 Team leaders, coaches and other support personnel shall remain more than 50 metres from the course area, and shall not communicate with competitors while they are racing in any way verbally or with signals. They shall not cause wash to spread across the race course. The course area is defined as the area bounded by all the racing marks and any boat racing. This SI does not apply during rescue operations if asked to assist.

16.3 Support boats may be requested to assist the race committee with rescue duties and shall monitor VHF channel 60 at all times whilst afloat.

## 17 LITTER DISPOSAL

17.1 Litter may be placed aboard support or official boats.

## 18 PRIZES

18.1 Prizes will be given as follows: First position prize in each of the following categories – 470 Women, 470 Men, 470 Mixed pair.

18.2 Further 470 Class prizes may be awarded by the class association.

## 19 RISK STATEMENT

19.1 Rule 4 of the RRS states 'the responsibility for a boat's decision to participate in a race or to continue to race is hers alone'

19.2 Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

# SAILING INSTRUCTIONS



- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
- (b) they are responsible for the safety of themselves, their crew, their boat and other property whether afloat or ashore;
- (c) they accept responsibility for any injury, damage or loss caused by their own actions or omissions.
- (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) the provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances; and
- (g) it is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for this event and to attend any competitors meetings held for this event.

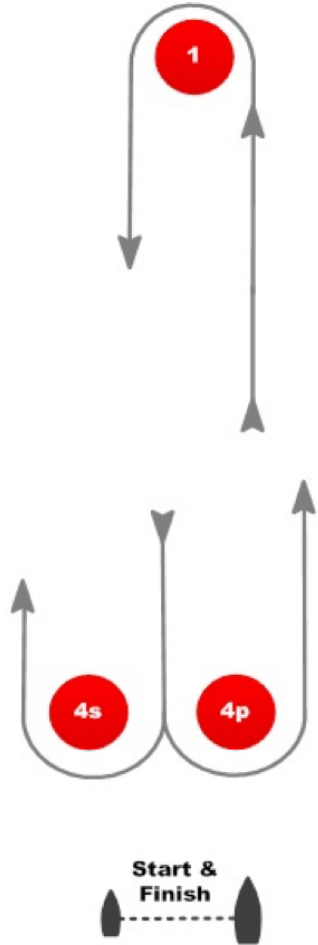
## 20 INSURANCE

- 20.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 2 million pounds sterling per incident or the equivalent.

ADDENDUM A

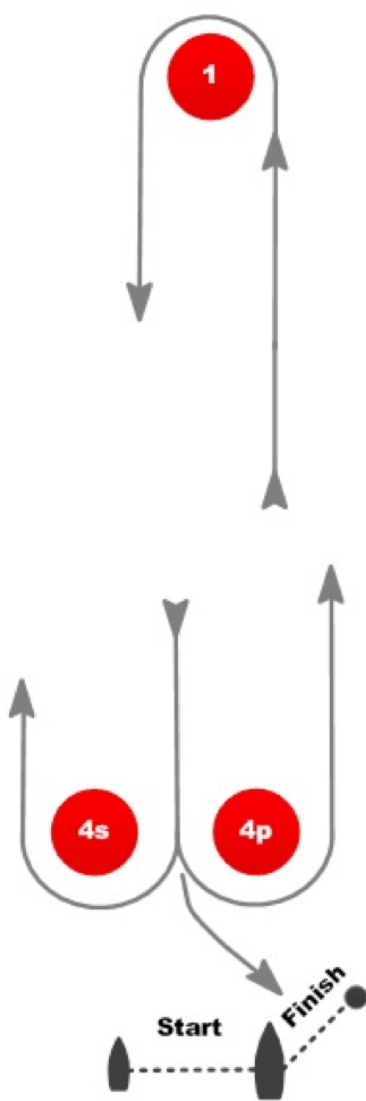
# SAILING INSTRUCTIONS

<b>L</b>	<b>COURSE: WINDWARD / LEEWARD</b>
<b>Signal</b>	<b>Mark Rounding Order</b>
<b>L2</b>	<b>Start - 1 - 4s/4p - 1 - Finish</b>
<b>L3</b>	<b>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish</b>
<b>L4</b>	<b>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish</b>

# SAILING INSTRUCTIONS

<b>LR</b>	<b>COURSE: WINDWARD / LEEWARD with reaching finish</b>
<b>Signal</b>	<b>Mark Rounding Order</b>
<b>LR2</b>	<b>Start - 1 - 4s/4p - 1 - 4p - Finish</b>
<b>LR3</b>	<b>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish</b>
<b>LR4</b>	<b>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish</b>

# SAILING INSTRUCTIONS

